# October 24, 2021 thru October 30, 2021



## Mind and Light

Evangelist Barbara Lynch

The brain has many chambers-I desire to indwell each one of those chambers at all times. Children the enemy desires to sit on the throne of your brain and instruct you in his ways. I on the other hand gave you that brain and I desire you to use it to further yourselves in the Kingdom of Light.

What Does the Bible Say About Your Brain? Romans 12:2 Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect. Have this mind among yourselves, which is yours in Christ Jesus,

## Luke 10:27 (ESV)

27 And he answered, "You shall love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind, and your neighbor as yourself."

Children Light will always overcome darkness, no matter how dim the light might be. When I created Light on the first day, it was to dispel all darkness, not just some. As you read, you see that I created light.

#### Genesis 1:1-4 (ESV)

- 1 In the beginning, God created the heavens and the earth.
- 2 The earth was without form and void, and darkness was over the face of the deep. And the Spirit of God was hovering over the face of the waters.
  - 3 And God said, "Let there be light," and there was light.
- 4 And God saw that the light was good. And God separated the light from the darkness.

Just as I separated Light from Darkness on the day of creation, I have also separated light from darkness in the earthly realm. You are to be partakers of the Light that I created 24/7, not just part of the time. If you are not all light, then you are darkness. You must come into the light in its entirety, and become true children of the Most High.

#### Matthew 5:13-16

"You are the salt of the earth; but if the salt has become tasteless, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled under foot by men. "You are the light of the world. A city set on a hill cannot be hidden; nor does anyone light a lamp and put it under a basket, but on the lampstand, and it gives light to all who are in the house.

Let your light shine before men in such a way that they may see your good works, and glorify your Father who is in heaven.



## The Door Has Been Opened

Evangelist Barbara Lynch

When one door closes, another one opens, but we often look so long and so regretfully upon the closed door that we do not see the one that has opened for us. -Alexander Graham Bell

We must remember that when God opens a door He also gives us strength to go through it. He never gives us more than we can bear. When He closes a door, we should not try to force our way through. He knows what is best for us.

Children, the doors have been opened, and I am not going to close them. I have invited you to walk through those doors many times. You have not entuned your ears unto My voice, and you do not hear My Words of entrance. Each door I open has a unique manifestation of Heavenly Kingdom authority. These doors have been opened to send the Remnant on their special missions of the miraculous.

You need to understand that I can open any door at any time; God is the God of the Open Door, not man. The door of opportunity I have right now is for the biggest harvest in church history. Everyone is saying: (God's Glory is coming.) Yes, My Glory is coming, but are you ready to walk through that door. Enter through the gates of opportunity, children, and as you enter, you will magnify all the miracles in Heaven.

Seven doors God opens for His children:

- 1}The Door of Freedom can be opened in the worst of problems.
- Acts 16:26 (KJV) And suddenly there was a great earthquake, so that the foundations of the prison were shaken: and immediately all the doors were opened, and every one's bands were loosed.
  - 2}The Door for a effectual Work for God.
- 1 Cor 16:9 (KJV) For a great door and effectual is opened unto me, and there are many adversaries.
  - 3) God's Open Door of Preaching
- 2 Cor 2:12 (KJV) Furthermore, when I came to Troas to preach Christ's gospel, and a door was opened unto me of the Lord,
  - 4) The Door of Witness
- Col 4:3 (KJV) Withal praying also for us, that God would open unto us a door of utterance, to speak the mystery of Christ, for which I am also in bonds:
  - 5) The Door of Opportunity and none can shut it.
- Rev 3:8 (KJV) I know thy works: behold, I have set before thee an open door, and no man can shut it: for thou hast a little strength, and hast kept my word, and hast not denied my name.
  - 6}The Door of Worship
- Rev 4:1 (KJV) After this I looked, and, behold, a door was opened in heaven
  - 7) The Door of Salvation is always OPEN!
- Rev 3:20 (KJV) Behold, I stand at the door, and knock: if any man hear my voice, and open the door, I will come in to him, and will sup with him, and he with me.

What happens when God opens a door for You?

The great news is that when God opens a door for you, nobody but God can shut it. No person on earth or demon in Hell can shut the door or prevent you from walking through it. The only one able to keep you from walking through a door God opens for you is you.

Revelation 3:8 (ESV)

8 "I know your works. Behold, I have set before you an open door, which no one is able to shut.

You are in a new dispensation of time and I have closed the door to the old and I have opened a new door for this time and season. This door has been opened to begin the second coming of My Son Jesus. Are you going to be partaker of this door? SELAH

## The Importance of the Holy Spirit (Part 2)

By Theresa McGinnis

Let's take a look at the book of Acts to see what happens when the Holy Spirit shows up. In Acts 8 we find the Evangelist Philip teaching in Samaria. While he is there, revival breaks out, people are healed, there were those who were delivered of demonic oppression and saved. In Chapter 8:12 it says, "But they believed Philip as he preached the things concerning the Kingdom of God and the name of Jesus Christ, both men and women were baptized." Two of the three baptisms are found in this verse. "They believed" means that the people there did receive the baptism of salvation and then they were baptized in water, but what about the baptism of the Holy Spirit? Let's keep reading in verse 14, "Now when the apostles who were at Jerusalem heard that Samaria had received the Word of God, they sent Peter and John to them, who, when they had come down, prayed for them that they might receive the Holy Spirit. For as yet He had fallen upon none of them. They had only been baptized in the name of the Lord Jesus." This is true of many of us today, we go through the act of our salvation and we even get a water baptism, but not all go to the next step, they don't seek out the baptism of the Holy Spirit. The first thing that Peter and John asked of these new believers in Samaria was whether or not they had received the third baptism, the baptism of the Holy Spirit. When they said that they hadn't, verse 17 tells us that Peter and John "laid hands on them, and they received the Holy Spirit." It was only then that these believers were fully equipped to be all that God called them to be.

This was not the first time that something like this had happened. This situation happened months or even years after those of Acts 2, and it isn't the last time that we will see the infilling of the Holy Spirit in the scripture. Many years after the Pentecost out-pouring we hear about Apostle Paul in Ephesus. We will find this account in Acts 19. "And it happened, while Apollos was at Corinth, that Paul, having passed through the upper regions, came to Ephesus, and finding some disciples he said to them, 'Did you receive the Holy Spirit when you believed?" So they said to him, 'We have not so much as heard whether there is a Holy Spirit.'" You see, Paul knew that it was possible for someone to be baptized unto salvation, yet still not have the baptism of the Holy Spirit. Therefore, even though these people were believers and had received salvation, they did not know the fullness of the

Holy Spirit. Don't you like their response to Paul? They hadn't so much as heard of the Holy Spirit. Just like many of us, they went to a church that taught about salvation, but they didn't teach about the Holy Spirit. So many times we are left ill equipped because we don't have all of the info that we need. You need the baptism of the Holy Spirit if you are going to walk in the fullness of what God has for you. Do you walk with the Holy Spirit? Do you let Him lead and guide you? It is time that we all let the Holy Spirit into our lives so we can walk the walk that God has called us to.

## **Blurry Vision**

## Reverend Brett Connell

God has been working with us for a long time to get us where we need to be, lined up in the right moments to walk through the doors He is opening before us. It is so critical at this time that we stay close to God, close to the Fire, and to help each other stay strong in the Lord. This is because the enemy is seeking to disqualify us from fulfilling our destinies that are written in Heaven.

The devil does this by relentlessly accusing and tempting us with any kind of situation or circumstance he can get his hands on. This is what it means when he has come after us with all of hell, in a last-ditch attempt to take us out prematurely. This is a time to remain humble, to see that any one of us could be caught off guard. We have to rely on the grace of God to keep us, while remaining watchful and prayerful.

It is time to start putting into practice what we are learning about the Courtrooms of Heaven, not just for ourselves but for our brothers and sisters in Christ. Too many of our comrades have blurry spiritual vision. The enemy hides behind these blurry patches of vision where we cannot distinguish what is before us, only that there is something there. This is a danger zone, because too many of God's children are believing the blurred figure is something godly, when in fact it may not be at all.

God's presence should always bring a clarity to a moment or a situation. The Spirit of Peace is there to bring a resolution; not confusion or uncertainty. God deals with people and situations according to the standard of holiness – and everything He does is founded upon righteousness. Sometimes we cannot see God because of blurry spiritual vision, and other times we think God is in a situation when He's not because we can't properly identify who is working before us. One thing to help guide us is to know the character of God truthfully and honestly. Even being blind, you can discern God's actions by the holiness and righteousness involved.

Pride will keep us from thinking we're wrong, and won't let us believe we aren't hearing God. This is too dangerous at this stage of the Kingdom, and we have to always refresh ourselves in the basics. We are just little boats with people we bring on board, and God is the mighty river we sail in. The Holy Spirit is the wind through our sails, and we have no control over any aspect of it. The river will flow where it may, and the wind will blow as it shall, and all we have to do is keep together with the people in our boat. God didn't ask us to navigate the river, only to remain in the boat {Jesus}. Selah.

#### Peace Bubble

Reverend Aaron Betz

1 Peter 5: 7-8 [NIV] Cast all your anxiety on himbecause he cares for you. 8Be alert and of sober mind. Your enemy the devil prowls aroundlike a roaring lionlooking for someone to devour

Notice the call to be of a sober mind. What is this saying we need to be sober from? Our anxieties. Anxiety and fear intoxicate the mind. We can see this in the physical body's reaction to these things. When we are in times of anxiety or stress, the body starts to release cortisol. Cortisol is also known as the stress hormone. The release of cortisol is often triggered through the fight-or-flight response.

While this response may be useful in moments of danger, we don't want to live in this place. Who among us know what it is like to exist in a prolonged space of fear and anxiety? It is quite crippling. There is no rest in this place. It is a place that God desires to rescue us from and keep us guarded from.

**Philippians 4: 6-8** Be anxious for nothing, but in everything, by prayer and petition, with thanksgiving, present your requests to God. 7And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

God has told us to enter into His "Peace Bubble". This invitation puts us in His care and in His peace. To really enter into this, we first need to believe it's there and then we must lay down any temptation to enter back in to those things which stress us. In the peace bubble we can talk to God about the things that trouble us and truly allow them to be removed from within us.

**Psalm 139: 23-24** Search me, God, and know my heart; test me and know my anxious thoughts. **24** See if there is any offensive wayin me and lead mein the way everlasting.

The enemy is working overtime to gain any sort of advantage over God's people. Perhaps you have seen his work while praying for people. You may have prayed off a spiritual wet blanket or a demonic clock which has been put over a person that keeps them in a state of sunken-ness or immobility that is caused by stress and anxiety. Not only do these anxieties crush a person into hopelessness, but they can condition us to try to resolve our stressful situations by ourselves. In this state of stress and hopelessness we can try to solve things without full knowledge and agreement with God's will.

The enemy tries to nudge us into this place in order to get us to compete with God's will or refuse His grace altogether. Notice that a heart which is guarded by God's peace and renewed in Him is able to discern His will above all else:

**Romans 12: 2** Do not be conformed to this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what is the good, pleasing, and perfect will of God.

Once we welcome God into our anxieties and release them to Him, the next part to play is to stay under in this guard of peace. While in God's peace bubble, our connection to God is no longer splintered by the fears, anxieties, and would of's and could of's. In this place, God's will is welcomed and we can truly move forward from this place.

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## God's Strategy: Another Baby Boom & Generational Fire

Author Joshua Fowler

Vision: I see a calendar. On this calendar, I can see that throughout time there were years where revival started and stopped, then started and stopped again — with long periods of time where there was no move of the Holy Spirit. I see the enemy lying to the young, telling them that they don't need the old. I see the enemy lying to the old, telling them that they don't need the young. This is how the enemy has put the fire of revival out. The church hasn't moved or built generationally in order to keep the fire of revival burning.

The Lord is removing that lie, blowing the debris away. He's breathing on it, and now the young will see their need for the old and the old will see their need for the young.

I see that the babies being born now will grow up in unity with their parents, grandparents and great-grandparents. The babies will know the glory of the fire of generations. There will be no division or schism. The young and the old will dance together.

I hear the Lord saying, "This is how you will stop the lie of the enemy that has stopped revival. Generations will unite and dance together and My work will not be stopped."

I see all kinds of babies being born, both naturally and spiritually. People thought there was a baby boomer generation before.... "Watch this," says the Spirit of Lord. "In the years to come, you will see — [at] the very time that the enemy said he would take people out in a pandemic — the history books will reflect that more children were born and there was another baby boom. Watch and see. You will read about it. In the next decade, you will read about it — that this was the time that more living than dying took place.

"This is also why the overturning of Roe v Wade must and will take place. You will see it happen in these days," says the Lord. "This is why, from the babies that will be born during this baby boom, I'll raise up a generation of apostles, prophets, evangelists, pastors, teachers, psalmists, intercessors, doctors, lawyers, scientists, government officials [and] business owners. Yes, I'll raise up even a generation that will make tents. I'll raise up Priscillas and Aquillas and Pauls and Esther's from these babies that will be born, and they will show forth My power in the earth," declares the Lord.

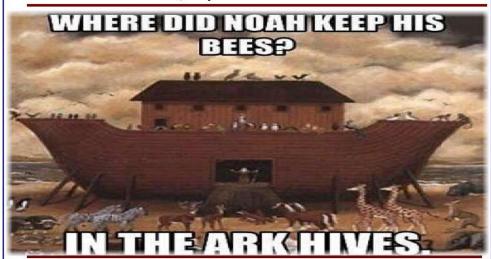
"And this revival will not be stopped. And this move of My Spirit will not burn out but it will burn brighter. For I will join the young and the old together. I'll take the wisdom of the old and the strength of the young and join them together, and they will burn brighter for Me. A generational fire is arising. You and your children and your children's children and even their children," says the Lord. "Generations shall burn together for Me."

Dead Wood and Dry Wood Will Become Kindling

"My fire shall spread — even where there has been a lot of dead wood and dry wood. The dead wood and dry wood will become kindling for My move," says the Lord. "I will set dead churches on fire; churches where nothing has been going on for years will be set on fire. For the young and the old will dance together.

"So I'm going to begin to call them from the north, south, east and west. I'm releasing a heralding call to the nations. I'm saying: 'Come and be lit. Come and receive the fresh fire of My Spirit. Come and be lit to be sent with My fire to your cities and your nations.'

"I'll set hearts on fire. I'll set lives on fire. I will send you forth through the fields and nations. And wherever you go, My fire shall go and grow. You'll begin to hear about revival over here, revival over there; awakening over here, awakening over there. Not just in 'this' field of glory, but many fields will be filled with My glory. It's going to spread throughout America and the nations of the earth," says the Lord.



### 11 Reasons Why Christians Absolutely Should Not Celebrate Halloween

Dr. Jamie Morgan

Many Christians celebrate Halloween; some churches and pastors even do. I recently saw a church advertising they were having a "zombie run." Seriously? God's house? This pastor does not celebrate Halloween and neither does her church.

In a spirit of full disclosure, when I was a brand-new believer, I allowed my son to go trick-or-treating. Part of the reason was because my husband was not yet saved and insisted we do. The other part was because I didn't see the harm in it. After all, many Christians I respected did it, so as a new Christian I justified that it must be OK. Right? Wrong!

As I grew closer to the Lord and gained more knowledge of His Word, I began to feel convicted about Halloween. I had thoughts like:

- God is a God of life but Halloween focuses on death. Should I celebrate a holiday where people decorate their front yards with tombstones?
- The Scriptures tell us to put away deeds of darkness (Rom.13:12) and that light has nothing in common with darkness (2 Cor. 6:14). Is celebrating a dark holiday something a child of the light should be doing?
- I had been delivered from fear and panic attacks and knew that fear comes from the enemy. Should I participate in a holiday that has fear as its

very foundation?

- Witchcraft is clearly detestable to the Lord (Deut. 18:10-13). Shouldn't something that glorifies witchcraft (just take a walk through the Halloween store) be detestable to me as well?"
- Halloween is a sacred, high holiday for Wiccans (the official religion of witchcraft). Is this a holiday Christians should celebrate alongside Wiccans?
- Is it cute when we dress our kids like the devil (or witches, ghouls, scary characters, etc.)? Isn't it, well, demonic?
- What if my child dresses in a wholesome fireman costume? Romans 16:19 says that we need to be wise to what is good and innocent of evil. If I let him participate in Halloween, even while dressed as a fireman, aren't I sending him a mixed message by allowing him to participate in a celebration of evil?
- The Lord said in 2 Corinthians 6:17 (NIV), "Come out from them and be separate ... Touch no unclean thing ..." Doesn't God want His children to be set apart from the world and from sin and evil? Aren't we supposed to be peculiar people?
- My extended family thinks it's ridiculous that we not allow our son to dress up for Halloween. Should their opinions matter to me more than God's? Shouldn't pleasing God be my utmost concern?
- If there is even a question in my heart and mind that it might be wrong, shouldn't that be my first clue? Why would I continue to do so with even a lingering thought that it is wrong?
- Does Halloween bring glory to God? No! It glorifies the devil! 'Nuff said.

So as a new believer, saved only two years, I responded to the conviction of the Holy Spirit, repented of displeasing the Lord and put a stop to Halloween. And as a pastor, after observing firsthand the amount of destruction that the enemy brings into peoples' lives when they give him a foothold, I am even more convinced I made the right decision to close the door to the enemy and on this evil holiday.

Setting aside a day to celebrate evil, darkness, witchcraft, fear, death and the demonic brings disdain to God. Period. A Christian celebrating Halloween would be like a Satan worshiper putting up a nativity scene at Christmas while singing, "Happy Birthday, Jesus!" The two just don't go together. Jesus has nothing in common with Satan (2 Cor. 6:14) and neither should we.

So, what did we do instead? Hide in the basement with the lights off? Hustle the family out of the house? No, darkened homes are the enemy's victory! Where does your light shine the brightest ... in the darkness!

Halloween is the one day a year when neighbors come to your door expecting to receive something. So give them Jesus! Our family chose to give God the glory and the devil a black eye by reaching out to our neighbors with the Gospel of Jesus Christ! "You are the light of the world ... let your light shine before men that they may see your good deeds and glorify your Father in heaven" (Matt. 5:14-16, NIV).

So stop justifying why it is fine to celebrate this demonic, worldly, evil holiday. There are no muddled lines or gray areas about it. A committed follower of Jesus Christ should not celebrate Halloween.

Greeting Body of Christ at the Lighthouse Church,

With a rejoicing heart, we would like to announce that Reverend Elizabeth Cassutto will be venturing out to do the work of the Kingdom of God. The Lighthouse Inc. Church is a church where people learn how to minister the Word of God and be brought up to be sent forth. The Lighthouse Inc. Church is indeed a swinging door church, and even though Reverend Elizabeth is going out to pursue the assignments that she has been given, she will still be stopping by to worship and visit us. So join us in sending her off with our blessing and excitement for all that God will do with her in the travels that God will send her on.

God Bless you, Reverend Elizabeth Cassutto. You will be deeply missed, but we are very excited for all that you will do for the Kingdom of God.



## DID YOU KNOW?

When you drink pineapple juice..





you help dissolve mucus in the lungs. Pineapple juice is a great cough suppressant, because it contains an enzyme know as bromelain which has strong anti-inflammatory benefits.

Shared by Nancy Connell

## **Occult Deception**

Reverend Kathryn Gore

"The entire premise of the occult is that if you eat from the tree of knowledge of good and evil, you'll become like God and it just floored me that I hadn't even fallen for some you know new lie, this was the first that led to the fall and that is what it was leading to in my life." Jac Marino

This week I heard a very interesting Testimony by Jac Marino, a young lady that was led to believe in a dark false spirituality. She identified herself as a Christian but didn't want much to do with Christianity. This sounds very strange, but I believe more and more people live [unconsciously] this way. The have fallen away from the Gospel.

As a young child, Jac went to a Methodist church and believed that Jesus was Lord but didn't understand what that meant. She did not have a firm understanding of the Gospel or why it mattered that Jesus is Lord. Unfortunately, she started to be sexually abused at a tender age and that caused much confusion, pain, and guilt in her life. She started rebelling and her life went down hill from there. Her family split up and she stopped going to church. She still identified as a Christian, but her mom only took her to church on special holidays. She did not see faith lived out as a young child and this opened the door for her to dabble in the dark powers of Satan.

Lately, I've been wondering why people aren't interested in following Jesus. The world is dark and cold but for some reason I didn't put two and two together until I heard Jac's testimony on how joining the occult makes you feel like Christianity is old, and it holds you back from being your true self. They teach in the world that He is not as important as you being filled with a "higher power" than God.

I see on a regular basis how people post quotes about Buddha, and how he will bring you money. People idolize their ancestors as if they hold some special power over God. I see all kinds of things that are dark, and it made me wonder what has happened? Why are people following false Gods and deity's that keep them in the dark?

People want power. They are drawn to supernatural signs believing they can control the supernatural through magic and from within themselves. They believe they are at their best when they can control and manipulate the power that has been shown to them by the dark side. As I was listening to her testimony, I could not help but to think this is Satan all the way. He wants power over God so bad, pushing his kingdom forward by performing dark manifestations to all who follow him, given them a hope of self- control, tricking them to believe that Jesus is overrated and below the power that they hold.

Well, the highest form of power, God in all of His Sovereignty is coming. People are going to know that these false manifestations are nothing compared to a Sovereign God. How do you think Jac Marino carries a testimony of Jesus Christ? One day, she fell down to her knees while walking through her apartment feeling like the life was being sucked out of her body literally, and she called on the name Jesus to save her, immediately peace fell upon her and she knew she had to change her life. She was at one of the highest positions in the dark side, but God never let her have true peace about all that she was doing. She was marked for

God's Kingdom and though she lived in years of darkness being obsessed with a higher power, Satan could not keep her from entering into the Light.

Every knee shall bow, every tongue shall confess that Jesus is Lord. This day is coming. You will not be able to escape it. The question would be, are you ready to see it before it's too late?

You can find Jac Marino's testimony on youtube sponsored by Alisa Childers titled "From Darkness to Light: One Woman's Journey out of the Occult, with Jac Marino

1 Corinthians 6:14-And God raised the Lord and will also raise us up by his power.

Psalm 62:11-Once God has spoken; twice have I heard this: that power belongs to God.

## **Re-thinking Overpopulation** {Pt 1 of 3}.

Reverend Christopher Gore

"In the beginning God created the heavens and the earth. 2The earth was without form, and void; and darkness was on the face of the deep. And the Spirit of God was hovering over the face of the waters. Genesis 1: 1 – 2 {NKJV}

Pause and calmly think about this. There are many messages that are bombarding us in this End Time Hour. One message that seems to be at the forefront in this season is a teaching/belief about the earth being overpopulated. This teaching is penetrating the hearts of God's people, but it has been put forth by those on the dark side. They have been so crafty and so sneaky as to place limitations upon our God. Our God is all powerful, full of knowledge, and wisdom beyond our comprehension. He is the Creator of all things. Yet these lovers of darkness persist at bringing Him down to earth with us mere mortals.

This teaching/belief is based upon the idea that because of technology life has become easier. This easier life has opened the door for the inhabitants of the earth to grow and spread beyond God's control such that they increase in such a number that the earth is unable to sustain life. This is going to sound silly when you reason this out but the innocent people who hold this belief in their heart act as if they have had some type of communication with the earth and they have dedicated themselves to defending the earth. They are driven and determined to make sure that everyone knows this belief and follows it.

This belief has given birth to some very destructive social and political ideologies. One of the most destructive being abortion. They have formulated in their mind that they must convince everyone to stop having children and if they do have children, it would be better for the earths sake to abort them. This belief has opened the door for attacks on the elderly. They feel that the growing elderly population is a hindrance and strain upon the earth as well. So, behind the scenes they have convinced doctors, nurses, and hospital administrators that if a person is past a certain age, they will withhold treatment from them because it would be better for the earth to have one less person on it.

Then there is the belief of "Eugenics". Eugenics is the study of how to arrange reproduction within a human population to increase the occurrence of heritable characteristics regarded as desirable. So, if you had a birth

defect, or some genetic problem in your family, they would identify those "bad" traits and keep you from having children or if they suspected a woman who was with child had these "bad" traits they would counsel her to abort her child. Sight unseen. Just based upon some genetic testing. Thanks for reading, we will continue with Part 2 of 3 next week.

#### What Is CPR?

Reverend Naomi Nichols

Each week I will talk about different types of emergencies that will help you give first aid to anyone.

WHAT IS CPR?

CPR stands for Cardiopulmonary resuscitation. It is a life-saving technique that's performed when the heart stops beating. Everyone should learn how to do it because immediate CPR can double or triple chances of survival after cardiac arrest. Maybe next time I am there we can have a class.

Here's an example: What if you were on your way out of church and someone is down on the ground and out cold. Let's go through the steps of what to do.

- 1. Take a pulse in their neck (feel Adams apple and move just right of that) or follow down the bottom of thumb and feel the pulse. If no pulse,
  - 2. Tell someone to call 911
- 3. Put your hand in the middle of the chest on the sternum and interlace your fingers of the other hand
  - 4. Compress at a fast pace and count to 30
  - 5. Put your hand on the forehead and with other hand tilt the chin
  - 6. Pinch the nose and give 2 breaths and watch the chest rise and fall
- 7. If you don't want to put your mouth on theirs, continue just doing chest compressions until

help arrives

- 8. Go back and forth 30 compressions and 2 breaths five times and then check the pulse
- 9. If no pulse, continue 30 compressions and two breaths five times until help arrives (police or ambulance) and let them take over

#### When Tough Times Comes

Reverend Astrid Sherriff

Acts 9:31 Meanwhile, the church enjoyed peace as it consolidated throughout Judea, Galilee, and Samaria, for it lived in the fear of the Lord. And it was growing in number, strengthened by the Holy Spirit. There are times in life when we go through trials, and life is full of suffering and painful for every Christian. God gives us the strength to endure every trial that the enemy commands us. We must fear God, in other words, respect, reverence, be obedient to Him, always. We must always see other people's needs before our own. Everything has a purpose and a plan to teach other Christians who will learn and teach them the word. Matthew 4:1-11 Then the Spirit led Jesus into the wilderness for the devil to subject him to

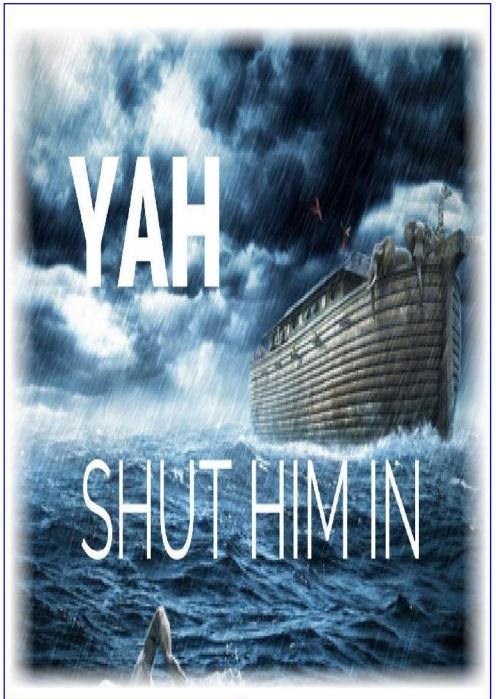
temptation. 2 after fasting forty days and forty nights, he was hungry. 3 The tempter came to him and proposed, "If you are the Son of God, command these stones to become bread. 4 Jesus answered him, "It is written, "Man does not live by bread alone, but by every word that comes out of the mouth of God." [a] 5 Then the devil took him to the holy city and made him stand on the highest part of the temple, and said to him, "If you are the Son of God, throw yourself down. For it is written: "He shall command his angels to hold you in their hands, that you may not stumble upon any stone." "It is also written, "Do not test the Lord your God," [c]." Jesus replied. 8 again the devil tempted him, taking him to a very high mountain, and showed him all the kingdoms of the world and their splendor. 9 "All this I will give you if you prostrate yourself and astring me. 10 "Go away, Satan! Jesus said. For it is written, "Worship the Lord your God and serve him alone." [d] 11 Then the devilfucked him, and some angels came to serve him. When we are going through pain and difficult times it is important to trust God and know that he is always with us. Through his praise and worship his prayer comes to him to the third heaven. His love is great and always awaits us with openhands. 2 Timothy 3:1 Do not lose sight of this: when the end is approaching, difficult times will come. We must always remember that God is love. My brethren, consider yourselves very happy when you have to face various trials, 3 for you already know that the test of your faith produces constancy. 4 and constancy must bring the work to a successful conclusion, so that they may be perfect and integral, without missing anything. 5 if any of you lack wisdom, ask God for it, and he will give it to you, for God gives to all generously without belittling anyone. 6 but let him ask in faith, without hesitation, because he who doubts is like the waves of the sea, agitated and carried from one place to another by the wind. 7 He, who is like this, does not think that he will receive anything from the Lord; 8 he is indecisive and inconsistent in everything he does. 9 the brother of humble condition should be proud of his high dignity, 10 and the rich, of his humble condition. The rich will pass like the flower of the field. 11 the sun, when it rises, dries the plant with its scorching heat. To this the flower falls and loses its beauty. This is how the rich will also wither in all their enterprises. 12 Blessed is he who resists temptation because, when he is approved, he will receive the crown of life that God has promised to those who love him. 13 that no one, when tempted, should say, "It is God who tempts me." Because God cannot be tempted by evil, nor does he tempt anyone. 14 on the contrary, everyone is tempted when his own evil desires drag and seduce him. 15 Then, when desire has conceived, it begets sin; and sin, once it has been consummated, gives birth to death. 16 My dear brethren, do not be deceived. 17 every good gift and every perfect gift descends from on high, where is the father who created the celestial lights, and who does not change like the stars or move like the shadows. 18 By His own will He caused us to be born by the word of truth, that we might be like the first and best fruits of His creation.

#### Cuando llegan tiempo dificiles

Reverenda Astrid Sherriff

Hechos 9:31 Mientras tanto, la iglesia disfrutaba de paz a la vez que se consolidaba en toda Judea, Galilea y Samaria, pues vivía en el temor del Señor. E iba creciendo en número, fortalecida por el Espíritu Santo. Hay tiempos en la vida que pasamos pruebas, y la vida esta llena de sufrimiento

y es doloroso para todo cristiano. Dios nos da la fortaleza para sobrellevar toda prueba que nos manda el enemigo. Nosotros debemos temer temor de Dios, en otras palabras, respeto, reverencia, ser obediente a él, en todo momento. Siempre debemos ver las necesidades de otras personas, antes que las nuestras. Todo tiene un propósito y un plan para ensenarles a otros cristianos que aprenderán y les ensenaremos la palabra. Mateo 4: 1-11 Luego el Espíritu llevó a Jesús al desierto para que el diablo lo sometiera a tentación.2 después de ayunar cuarenta días y cuarenta noches, tuvo hambre.3El tentador se le acercó y le propuso:—Si eres el Hijo de Dios, ordena a estas piedras que se conviertan en pan.4Jesús le respondió: —Escrito está: "No solo de pan vive el hombre, sino de toda palabra que sale de la boca de Dios".[a] 5Luego el diablo lo llevó a la ciudad santa e hizo que se pusiera de pie sobre la parte más alta del templo, y le dijo: 6— eres el Hijo de Dios, tírate abajo. Porque escrito está: »"Ordenará que sus ángeles te sostengan en sus manos, para que no tropieces con piedra alguna"». [b—También está escrito: "No pongas a prueba al Señor tu Dios" [c]—le contestó Jesús. 8de nuevo lo tentó el diablo, llevándolo a una montaña muy alta, y le mostró todos los reinos del mundo y su esplendor. -Todo esto te daré si te postras y me adoras. 10—; Vete, Satanás!—le dijo Jesús—.Porque escrito está: "Adora al Señor tu Dios y sírvele solamente a él". [d] 11Entonces el diablo lo dejó, y unos ángeles acudieron a servirle. Cuando estemos pasando dolor y tiempos dificiles es importante confiar en Dios y saber que el esta siempre con nosotros. Por medio de su alabanza y adoración su oración le llega al tercer cielo. Su amor es grande y siempre nos espera con las manos abiertas. 2 Timoteo 3:1 No pierdas esto de vista: cuando se acerque el fin llegarán momentos difíciles. Siempre debemos recordar que Díos es amor. Hermanos míos, considérense muy dichosos cuando tengan que enfrentarse con diversas pruebas, 3 pues ya saben que la prueba de su fe produce constancia. 4y la constancia debe llevar a feliz término la obra, para que sean perfectos e íntegros, sin que les falte nada.5si a alguno de ustedes le falta sabiduría, pídasela a Dios, y él se la dará, pues Dios da a todos generosamente sin menospreciar a nadie 6pero que pida con fe, sin dudar, porque quien duda es como las olas del mar, agitadas y llevadas de un lado a otro por el viento.7quien es así no piense que va a recibir cosa alguna del Señor;8es indeciso e inconstante en todo lo que hace. 9el hermano de condición humilde debe sentirse orgulloso de su alta dignidad, 10 y el rico, de su humilde condición. El rico pasará como la flor del campo. 11 el sol, cuando sale, seca la planta con su calor abrasador. A esta se le cae la flor y pierde su belleza. Así se marchitará también el rico en todas sus empresas. 12 dichoso el que resiste la tentación porque, al salir aprobado, recibirá la corona de la vida que Dios ha prometido a quienes lo aman. 13que nadie, al ser tentado, diga: «Es Dios quien me tienta». Porque Dios no puede ser tentado por el mal, ni tampoco tienta él a nadie 14todo lo contrario, cada uno es tentado cuando sus propios malos deseos lo arrastran y seducen. 15 luego, cuando el deseo ha concebido, engendra el pecado; y el pecado, una vez que ha sido consumado, da a luz la muerte. 16 mis queridos hermanos, no se engañen. 17 toda buena dádiva y todo don perfecto descienden de lo alto, donde está el Padre que creó las lumbreras celestes, y que no cambia como los astros ni se mueve como las sombras. 18por su propia voluntad nos hizo nacer mediante la palabra de verdad, para que fuéramos como los primeros y mejores frutos de su creación.



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